

M.Y.O LONDON



Creating a healthier and more connected workplace through Creativity





Some brands we work with



























Imperial College
London DIAGEC



































EdgeTier





















My Creativy?





At MYO, we believe creativity isn't just fun - it's powerful.

We've helped tens of thousands of people get creative and partnered with some of the world's biggest brands to bring arts & crafts into workplaces.

In today's remote and fast-paced world, creativity is more important than ever.

It has been shown to:

- Reduce stress and improve mental wellbeing
- Strengthen team bonds and connections
- Boost creative confidence one of the most valuable leadership skills of the future

With workplace burnout on the rise, creative workshops offer a refreshing reset - helping employees slow down, recharge, and reconnect.

Most importantly, it's an inclusive, hands-on, and joyful experience that leaves people feeling energised, connected, and inspired.



Morkshop Menn





Pottery Painting



Painting



Hand Build Pottery



T-Shirt/Tote Design







Lino Printing



Morkshop Menu







Mindful

Doodling











Testive Menu



Dried Wreaths
LIMITED SPACES



Felt Decorations



Lino Printed Stockings



Christmas Decorations



Lino Printed Cards



Fabric Stocking

Design



Festive Candle
Painting







Meeding Something Bespoke?

We can work with you to create a bespoke workshop to fit your event, time and budget.

Just get in touch with the initial ideas and we can bring your event to life!



Periew July 25

I booked the lino printing workshop for my latest team away day and we had a brilliant time! MYO came to us which was great, and they facilitated the afternoon perfectly, adapting to our needs. It was also good value for money!

Peview June 25

We went along for a pottery painting class as our work do and it was a ton of fun. Some creative expression and a glass of wine - way better than an umpteenth round of mini golf in a basement. Thanks to Kat for all the pro tips!

Review May 25

Maika and the team were warm and welcoming for our work event, hosting 20+ people. They gave lots of direction and assistance. I would highly recommend booking this, as everyone took home a custom tote bag that they loved, and all had a lot of fun.



Peview June 25

We booked a pottery painting session at MYO for our latest team social and had a brilliant time. Our host was very friendly, professional, and helpful, advising on different techniques that we could use to achieve the desired effects on our chosen pottery pieces. The quality and choice of pottery was great, and there was a nice range of paint colours to choose from as well. Although the activity itself is a solo one (painting your own item), doing this as a group worked really well - there was lots of laughs and chatter throughout, and it was great to see people tap into their creativity (which we wouldn't usually see when at work together). I'd love to go back and try a different session. It was a great way of getting to know my colleagues better, in a relaxing and enjoyable environment. Thank you, MYO!

Con ac us



We host up to 35 people at our studio - SE1 1HA
We host off site workshops for 10 to 100+ people

Email:

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